

Understanding ACEs and Building Self-Healing Communities



LEARN ABOUT ACES AND HOW YOU CAN SUPPORT CHILDREN AND ADULTS IMPACTED BY THEM

This educational experience is helping Alexandria to develop a common language around ACEs (Adverse Childhood Experiences), trauma, and resilience in our community, explain why ACEs have so much effect in people's lives, and shift our mindset around what we can all do to build a more resilient, healthy community.

For reasonable disability accommodation, contact maurice.tomdio@alexandriava.gov or 571.384.5244, Virginia Relay 711.

Cost: Free

Audience: Youth, Young Adults, Adults, Human Service Providers, Educators, Health Care Providers, - Anyone!

Interested in Scheduling or Attending a Training?

Email
RAISE@alexandriava.gov

